



# West Bridgford u3a Highlights June 2023

Please send your contributions to **Pat:** [wbu3aeditor@gmail.com](mailto:wbu3aeditor@gmail.com). Deadline for the next edition is **Friday 13<sup>th</sup> July**.

All newsletters to members, both current and past editions, can be seen at:  
<https://u3asites.org.uk/west-bridgford/page/89558>

## Open Meeting

**22<sup>nd</sup> June: Jo Carter** – Historical Tour Guide in Costume

Doors for the event will open as always at 1.30pm but there will be no tea or coffee before the meeting. Instead the meeting will start at 2pm with the **West Bridgford u3a Annual General Meeting**, which will last about 15 minutes.

This is followed by our speaker. The talk generally lasts about 45 minutes, after which you are all invited to go into the main hall for **tea or coffee and a cream tea**.

If you are planning to attend this meeting, please let **Carole** know so that we can cater for the right number of people. Please also let her know if you require gluten-free scones, or have any other diet requirements. The deadline for responding is Friday June 15<sup>th</sup>. Email: [wbu3aexec2@gmail.com](mailto:wbu3aexec2@gmail.com)

## Future Open Meetings 2023

**27<sup>th</sup> July: John Whitfield** – Life Back in the 1970s

## Photography Group

The month's topic was: 'Food'. Images by Tom, Sue, Rachel, Peter, Lynne, Keith, Kathryn, Judy, Chris and John.

## Just Joe



### West Bridgford u3a Chair's Report for 2022 -23

At our last AGM in June 2022, Paco was just ending his tenure as Chair. He and the Committee had been unavoidably pre-occupied with Covid 19, various lockdowns and general disruptions to normal life. I was fortunate to take over as Chair after those difficulties were largely over. Since then, we have been able to enjoy a more regular sequence of Open Meetings, face-to face activity by groups, and even some social events. Despite the demise of Covid, many of our members are still reluctant to meet in large numbers such as at Open Meetings.

Not surprisingly, our membership numbers took a hit during the lockdown period, although they are now slowly recovering.

One of the battles that we face is simply getting potential members to know that we exist. We have been running a recruitment campaign with various strands. We now have a gazebo, which we set up from time to time at the Farmer's Market on Central Avenue in West Bridgford. You might have seen us there. We have also placed ads and news items in Local News and other local publications. You as a member can help us in this effort simply by telling any of your friends about the u3a (hopefully in a positive way!).

A highlight of the year, both nationally and locally, was the 40<sup>th</sup> anniversary of the u3a in September. We celebrated this event in conjunction with other Notts u3as. A u3a beacon was brought to us by Beeston u3a. Cllr. Tina Combellack, the Mayor of Rushcliffe, attended a special Open Meeting to transfer the beacon to West Bridgford u3a, which then delivered it into Nottingham.

I would like to thank both the Committee and our volunteers for all their hard work over the past 12 months, and look forward to working with them again in the year to come.

**Joe Colls**

June 2023

Below is the Agenda for the AGM on 22 June, together with the minutes of last year's AGM. The Treasurer's report will be emailed to members shortly. If anyone requires a paper copy, please let a member of the committee know as we won't be printing copies to be more environmentally friendly and save paper.

## West Bridgford u3a Annual General Meeting

Thursday 22<sup>nd</sup> June 2023 at 2.00 pm

1 Welcome

2 Apologies for Absence

3 Resolutions:

Ordinary Resolution 1. *To approve the minutes of the Annual General Meeting of the West Bridgford u3a held on 23rd June 2022.*

Ordinary Resolution 2. *To approve the annual statutory accounts of the West Bridgford u3a for the year 1st April 2022 to 31st March 2023.*

Ordinary Resolution 3. *To appoint David Oakes as the independent examiner of accounts for the West Bridgford u3a for the financial year 1st April 2023 to 31st March 2024.*

Special Resolution 1

*(i) To appoint the following Officers;- Chair, 2 Vice Chairs, Secretary, Treasurer by election*

*(i) To appoint up to 7 other members of the Executive Committee by election*

4 Chair's Report - to consider the Report for the year 2022/23

5 Treasurer's Report - to consider the Financial Accounts for 2022/2023

6 Any other business

7 Date of next Annual General Meeting - Thursday 27<sup>th</sup> June 2024

# Minutes of the Annual General Meeting,

Thursday 23rd June 2022 at 2.00 pm

1 Welcome by Paco Saucedo. The meeting was confirmed as quorate.

2 Apologies for Absence had been received previously – M Wakeling, C Wood, G Wood, H Middlecote, J Middlecote, Anne Donaldson, Polly Sealey, Anne Parkes, Diana Neville, Penny Reid, Jean Harrison, Henry Derry, Malcolm & Brenda Ginever, Elizabeth Howe, Pete Elderton, John Pike

3 Resolutions:

Ordinary Resolution 1. *To approve the minutes of the Annual General Meeting of the West Bridgford u3a held on 24th June 2021.*

*Proposed by Carol Williams*

*Seconded by Andrew Roberts*

*Approved*

Ordinary Resolution 2. *To approve the annual statutory accounts of the West Bridgford u3a for the year 1st April 2021 to 31st March 2022.*

*Proposed by Carole Fleming*

*Seconded by Sinclair Payne*

*Approved*

Ordinary Resolution 3. *To appoint David Oakes as the independent examiner of accounts for the West Bridgford u3a for the financial year 1st April 2022 to 31st March 2023.*

*Proposed by Averil Hancox*

*Seconded by Clare Deeming*

*Approved*

Ordinary Resolution 4. *To adopt the following resolution proposed by the Committee to increase the annual membership subscription to £15 with effect from 1 April 2023.*

*Proposed by Rachel Cooper*

*Seconded by Susan Perkins*

*Approved*

## Special Resolution 1

*(i) To appoint the following Officers;- Chair, 2 Vice Chairs, Secretary, Treasurer by election*

*(i) To appoint up to 7 other members of the Executive Committee by election*

*Proposed by Carol Williams*

*Seconded by Stephen Tompkin*

*Committee members introduced and their appointment was approved*

4 Chair's Report - accepted

5 Treasurer's Report - accepted and Bob Wilmot thanked for his 6 years of service as Treasurer.

6 Any other business - John Tidmarsh, on behalf of the committee and members, thanked Paco Saucedo for his term as Chair, taking WB u3a through the difficult covid times.

7 **Date of next Annual General Meeting - Thursday, 22nd June, 2023**

## Local History Group

Last call for visit to St Giles Church on the afternoon of the Wednesday 5<sup>th</sup> July to our very own parish church, St Giles, here in West Bridgford.

Starting at 1.50pm, there will be an opportunity to take a self-guided tour of the stained glass (using a sheet that describes the windows). Those less mobile will be able to watch details of the windows presented on the TV monitors.

At 2pm, there will be an illustrated talk on the history of St Giles' Church, highlighting features within (and outside) the building, then time to explore the church to view the features mentioned.

If you're planning to go but haven't put your name down, please let me know by email: [averil.hancox@ntlworld.com](mailto:averil.hancox@ntlworld.com)  
or on 07802 718639.

**Averil**

Don't forget, there's a charge of £2 payable at the door

## The Museum of Timekeeping

This is a guided tour on the **25<sup>th</sup> October at 11.00am**. The visit will last approximately 2 hours. The cost will be £15 each, to include refreshments.

The museum is in Upton, Notts, so car shares will be arranged.

If you would like to come, contact **Yvonne** on [y.haynes@hotmail.co.uk](mailto:y.haynes@hotmail.co.uk)

Are you interested in visiting **Papplewick Pumping Station** on 8<sup>th</sup> November?

If so, you can join the Local History Group's trip to this majestic example of Victorian architecture, cost £5. The website says 'The majority of the site is accessible for all but due to the historical nature of the Engine House access is via a small flight of steps leading to the porch and main door; there are also internal stairs for reaching the upper floors'.



If you do want to join us, please let me know at [averil.hancox@ntlworld.com](mailto:averil.hancox@ntlworld.com) or on 07802718639

## Remarkable Women

Protestant reformer John Knox declared (in First Blast of the Trumpet Against the Monstrous Regiment of Women in 1558) that a woman in power is "a thing most repugnant to nature [when] women rule and govern over men." Knox also compared crowning a woman to putting "a saddle on the back of an unruly cow."

Our next meeting on **Thursday 15<sup>th</sup> June** will look at some of the 15<sup>th</sup> and 16<sup>th</sup> Century female European leaders who proved him wrong.

For more information, contact **Pat** 9146670 or email [pag6be@gmail.com](mailto:pag6be@gmail.com)

## Back By Popular Demand!

We are having a trip to Bletchley Park, the home of WW2 code breakers, on **June 14<sup>th</sup>**. This is a day-long trip, starting at 9am from West Bridgford Library car park and returning around 6pm. The coach trip is just under two hours. The cost for the event is £37 per person.

There has already been a strong response for places on this trip, but there are still a few spaces left on the coach. If you would like to join us please email **Carole** [carolefleming0@gmail.com](mailto:carolefleming0@gmail.com).

## Cryptic Crosswords

Why not try Cryptic Crosswords to keep your brain active in a friendly, non-competitive group? It is nothing to be afraid of – in fact you could well become addicted!

Whether you are a real beginner or more experienced there will be a welcome for you. You may even be interested in setting crosswords.

We meet on the first and third Tuesday afternoons at 2:30 for about an hour and a half: at the Test Match Pub in Gordon Square.

There is no charge, just the understanding that you buy refreshment of some sort during our stay.

If you are interested contact **Stephen** on 07787 806 800

We look forward to seeing you.



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3		4					2
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						6	4
		5		1			
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	9		2			8	3

## REPAIR CAFE

<b>17<sup>TH</sup> JUNE 2023</b> 10AM-1PM	 Jewellery	 Clothing	 Bicycles
<b>HOLY SPIRIT SOCIAL CENTRE</b> Victoria Road West Bridgford Nottingham NG2 7NT	 Toys	 Small Electrical	 Garden Tools
	 Household Items	 PAT Testing	 Mechanical Clocks





## Orienteering Walking

### Walk Dates and Locations:

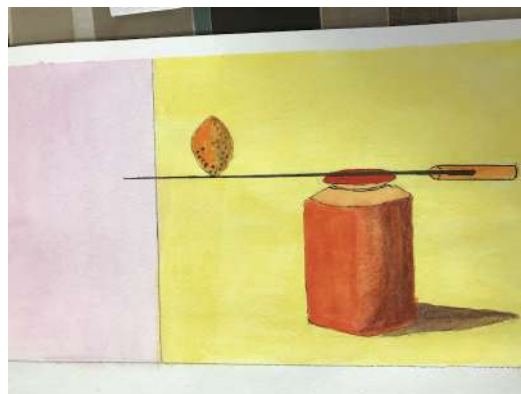
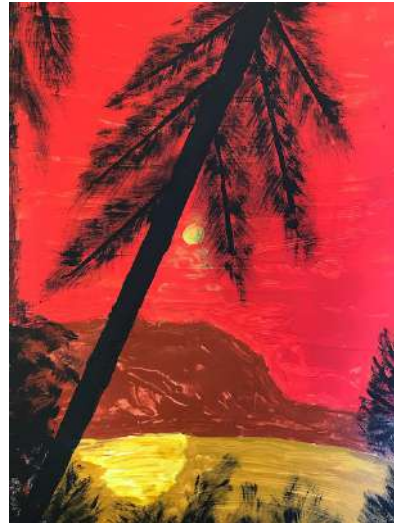
**Monday 19<sup>th</sup> June** - Coombe Country Park, Warwickshire with lunch at the Cafe-in-the-Park ("2023 Summer Outing")

**Tuesday 25<sup>th</sup> July** - Watermead Park North, Leicester with lunch at the White Horse Inn, Birstall

New members, irrespective of prior orienteering experience, are welcome to join the group. For further details, the group's West Bridgford U3A's web site entry has recently been updated and also includes photographs & videos.

To join the group's email distribution list, contact **John** on **07721 538057** or email [jpicklesclifton@aol.com](mailto:jpicklesclifton@aol.com)

## The Tuesday Painting and Drawing



## Silent Film Group



The silent era of cinema flourished from around 1900 until it was abruptly terminated by the arrival of films with sound (“talkies”) around 1930. In this short period cinematic technique evolved rapidly and led to the production of a fascinating body of work which is rarely seen today.

This small U3A group aims to meet on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday evening of each month in order to view a silent film and then reflect on it perhaps over a glass of wine.

Films from various genres may be explored including the romantic dramas of Valentino and Garbo, the comedies of Keaton and Chaplin, the epics of Griffith and De Mille, the swashbuckling exploits of Douglas Fairbanks, films from the Russian school and the rich Expressionist German films of Wiene, Leni, Murnau, Lang and Pabst. Some modern silent films may also be included.

**Ed**

edmarchewicz@gmail.com or 07890009443

## Cycling Group

### Ride Programme: January to June 2023

Date	Ride	Miles	Leader	Phone	Start Point
Friday 23 <sup>rd</sup> June	Calke Tramway & Staunton Harold	17	Pete	07828 647221	Calke Abbey

All rides start at 10.00am

The Group continue to cycle on the second and fourth Friday each month. Rides vary in length from 15 to a little over 30 miles and while some start in West Bridgford, others require the transport of your bike to more distant starting points.

More details on all rides, including where to meet, will be emailed before each ride. Please let the Ride Leader know in advance that you will be coming and bring your Membership Card and Personal Medical Form. **Pete** 07828 647221 **Graham** 07803 123339

## Hiking Group

We walk on the 3<sup>rd</sup> Thursday of each month. If you are interested in joining this group or would like more information please do not hesitate to contact me. New members are always welcome. **Kevin**: ksandrews58@gmail.com or 07981 516719

Date 2023	Leader
15 June 2023	Iris & Bob
20 July 2023	Angela
17 August 2023	Graham & Christine
21 September 2023	Keith Coxon & Chris
19 October 2023	Tony
16 November 2023	Simon
14 December 2023	Kevin





## Can You Help?

### Research Into Hallucinations Caused By Sight Loss

A few years ago I was diagnosed with Macular Degeneration and since then I have found myself experiencing hallucinations. These hallucinations are fairly common amongst people who suffer from sight loss for any reason, known as Charles Bonnet Syndrome (CBS).

Recently I applied to take part in medical research into CBS under the auspices of the Vision and Eye Research Institute with the aim of understanding and developing treatments for the condition. At the moment, the research I am taking part in only involves answering questionnaires, so is all done at home.

The researchers are looking for more participants who suffer from CBS. If you or anyone you know might be interested in helping with this vital work or just want to know more then please contact me.

**Jill** Email: [jill.bill.999@gmail.com](mailto:jill.bill.999@gmail.com)

Phone: 0115 8465935



## Bird Watching Group

**Programme: July to October 2023.**

For visits with our expert there is a charge of £32 for a full day. The charge with transport in his minibus is £38. For visits without our expert, we provide our own or share transport. For some sites there is also an entry charge. Please book in advance. Final details will be emailed a week before each visit.

<b>Date</b>	<b>Location</b>	<b>Leader</b>	<b>Charge</b>
Monday 19 <sup>th</sup> June	<b>Netherfield Lagoons</b>	Members of the Group	No Charge
Monday 26 <sup>th</sup> June	<b>Potteric Carr South Yorkshire</b>	Professional Expert	£31 or £37 with transport
Monday 10 <sup>th</sup> July	<b>River Trent and Gunthorpe</b>	Members of the Group	No Charge
Monday 24 <sup>th</sup> July	<b>Old Moor</b>	Professional Expert	£32 or £38 with transport
Monday 7 <sup>th</sup> August	<b>Staunton Harold and Calke Abbey</b>	Members of the Group	No Charge
Monday 21 <sup>st</sup> August	<b>Rutland Water</b>	Professional Expert	£32 or £38 with transport
Monday 11 <sup>th</sup> September	<b>Colwick Country Park</b>	Members of the Group	No Charge
Monday 25 <sup>th</sup> September	<b>Blacktoft Sands</b>	Professional Expert	£32 or £38 with transport
Monday 9 <sup>th</sup> October	<b>Clumber Park</b>	Members of the Group	No Charge
Monday 23 <sup>rd</sup> October	<b>Frampton Marsh</b>	Professional Expert	£32 or £38 with transport
For more information contact: <b>Lynne</b> 07811 707868 or <b>Simon</b> 07779 247532 or <b>Jim</b> 07891 718692			

## Longer Walking Group

### National Forest Way 16<sup>th</sup> -18<sup>th</sup> May 2023

We have just returned from a three day walking break in Leicestershire. The National Forest Way is a footpath or trail of some 75 miles, which extends from Beacon Country Park in Leicestershire to the National Memorial Arboretum in Staffordshire. It is divided into 12 linear stages. For our short holiday we walked stages 4, 5 and 6. It is a 'Forest' in the old sense of the word, ie a wooded landscape with some young and some ancient trees and rolling farmland. We are walkers from the Longer Walking Group and have done this sort of holiday before. Back in 2014 we walked part of the Derwent Valley Way and we did days of more than 10 miles. Now being somewhat older we are less ambitious.



By lunchtime we arrived at our destination, Ashby de la Zouch. This is a delightful market town, where we all stayed at the Cedars Guest House with a charming and very friendly host, Simon.

On our middle day we walked from the Cedars through the centre of Ashby and on to the finish at the quaint village of Ticknall. This was the longest day for us amounting to 6 1/2 miles with 13 stiles to clamber over. Much of the walking was over farmland but before arriving in Ticknall we passed through the beautiful grounds of Calke Abbey. One group split off here to visit the abbey whilst others continued into Ticknall and back to Ashby to enjoy lunch at one of the many excellent cafes, two of which were "A Moment in Thyme" or "The Courtyard". In the afternoon David and I visited the ruined castle, which began as a Manor House in the 12th century. We even managed to climb up the Hastings Tower (96 steps) which gave us fine views of the town and countryside.

On our third day we returned to start walking from Ticknall Village Hall and our objective was the Mill Wheel pub at Hartshorne. This was my favourite day and actually the shortest at 5 miles with no stiles (hurray). We started out along farmland tracks and then arrived for our mid morning break at Foremark Reservoir. This is great place to visit or enjoy a picnic. On leaving the reservoir the path leads gently up and down through woodland, with two stretches of boardwalk, which I adore as it is unnecessary to look at your feet and your eyes are free to roam your surroundings. We finally emerged from the woodland and dropped down into Hartshorne.

This has been a wonderful three days with u3a friends laughing, sharing experiences and food as well as having fun. The weather was ideal for walking and we had no rain. Perhaps the carrying of waterproofs drives it away.



David and I are still looking for a new leader for our group. We are stepping down in December. Surely there must be some new younger members, who are keen on walking and who might be interested in taking over the coordination of this very successful group. Many of us will continue to lead walks, but we need a new person or persons at the helm. Please get in touch, join us on a walk and don't be shy about stepping forward.

**Rita 0115 8461516**



## Peak District Walking Group

### Programme: January to June 2023

The u3a Peak District Walking Group organises walks usually on the first Thursday of each month. Members provide their own transport or share with others. An email sent out a week before each walk will provide detailed arrangements. Please wear boots and dress for the weather.

We continue our practice of holding a walk on the first Thursday of each month. The walks take in all the delights, ups and downs, vistas and valleys, stiles and mud of the Peak District on ambles of 5 to 6.5 miles and end with a well deserved lunch at a local cafe or inn.

Date	Walking From	Walking through	Leader	Distance (Miles)
6 <sup>th</sup> July	Hathersage	Higger Tor, Callow & Little John's Grave	Simon	6 & 3/4 miles
3 <sup>rd</sup> Aug	TBA	TBA	Kevin	
7 <sup>th</sup> Sept	Wyming Brook Nature Reserve	Rivelin Dams & Redmires Reservoirs	John	6 & 3/4 miles
Future walks (including January 2024) will be scheduled for the first Thursday of each month				
For more information &/or to join the group's email distribution list, contact <b>John</b> - 07721 538057 or via email <a href="mailto:jpicklesclifton@aol.com">jpicklesclifton@aol.com</a>				





## Groups Timetable

	Day	Venue	When	Leader	Phone	Status
	<b>Monday</b>					
	<b>AM</b>					
	Bird Watching	Various	1 <sup>st</sup> /3 <sup>rd</sup> Monday	Pete	07828647221	
Circa 8.45	Orienteering Walking	Various	3 <sup>rd</sup> Monday or 3 <sup>rd</sup> /4 <sup>th</sup> Tuesday	John	07721538057	
10	Zumba	Baptist Church	Weekly	Joan	07847 209399	
	<b>PM</b>					
2	Discussion Group 2	Member's home	2 <sup>nd</sup> Monday	Pat	01159234285	Full
2	History	Baptist Church	4 <sup>th</sup> Monday	Carol	07419317738	
2	Finding Out About Music	Baptist Church	1 <sup>st</sup> Monday	Diana	07736 943339	
2	Art Appreciation	Baptist Church	1 <sup>st</sup> Monday	Carol	07419317738	
	Cards Games	Member's home	2 <sup>nd</sup> Monday	Janet/Paul	01159231352	
	Climate Change	Baptist Church	2 <sup>nd</sup> Monday	Sue	07900886765	
	Family History	Zoom	2 <sup>nd</sup> Monday	Paco	01159233109	
	Spanish Conversation	Member's home/Zoom	Every Monday	Ewa	07740347756	
	Wine Appreciation	Member's home		Rod	01159232019	
	<b>Tuesday</b>					
	<b>AM</b>					
10	Art Appreciation	Baptist Church		Heather	01159232824	
10	Greeting Cards	Baptist Church	2 <sup>nd</sup> Tuesday	Joan	01159818477	

	<b>Tuesday</b>					
<b>AM</b>						
10	Painting and Drawing	Baptist Church	2 weekly	Pam	01159819238	Full
10	Spanish Conversation	Member's home	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday	Graham	0115923832	Full
10	Yoga Type Exercise	Paxdien Hall		Elizabeth	01159146941	
	<b>Tuesday</b>					
<b>PM</b>						
	Architecture Active	Baptist Church	3 <sup>rd</sup> Tuesday	David	07970059525	
2.30	Beginners Bridge	Baptist Church	Weekly	Ron	0115 9234176	
2.30	Cryptic Crosswords	Test Match	1 <sup>st</sup> Tuesday	Stephen	01159140255	
2.30	Cryptic Crosswords	Test Match	3 <sup>rd</sup> Tuesday	Stephen	01159140255	
	Knit and Natter	Stratford Haven	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday	Joan	07847209399	
2	Photography	Baptist Church	1 <sup>st</sup> Tuesday	Paco	01159233109	
2	Scrabble	Test Match	4 <sup>th</sup> Tuesday	Ian	01159813110	
12	Tai Chi	Scout Hut	Weekly	Lynn	07811 707868	
7.30	Etymology	Zoom	4 <sup>th</sup> Tuesday	Joe	07760458791	
	Silent Films	Member's home	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday	Ed	07890009443	
	<b>Wednesday</b>					
<b>AM</b>						
10	Critters Workshop			Sylvia	07981655553	
10.30	Short Walks	Various	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday	Christine	07434 614890.	

<b>Wednesday</b>						
<b>PM</b>						
2.30	Badminton	Rushcliffe Arena	Wednesdays	Chris Phil	07941509357 07505513556	
	Book Group	Member's home	3 <sup>rd</sup> Wednesday	Liz	0115 914 5642	
1.45	International Folk Dancing	Baptist Church	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday	Joan	07847 209399	
	Lunch Club	Variable	Every Other Wednesday	Lorna	01159822546	
1	Murder Most Foul	Poppy & Pint	4 <sup>th</sup> Wed	Laraine	0115 9235361	Waiting list
2	Table Tennis	Baptist Church	2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday	Glenys	01158370932	
	Local History	Various		Yvonne	07746668469	
<b>Evening</b>	French	Zoom	2 weekly	Anne	07974706281	
<b>Thursday</b>						
<b>AM</b>						
	Beginners' Spanish	Member's home	Weekly	Graham	01159232832	
	Guitar Group 1	Member's home	Alternate Thursday	David	07990654643	
10-1	Guitar Fun Strummers	St Wilfrid's Church	Alternate Thursday	David Gordon	07970059525 0779 693 4365	
	Hiking	Various	3 <sup>rd</sup> Thursday	Kevin	07981 516719	
10	Mah Jong	Marlborough Court	1 <sup>st</sup> and 3 <sup>rd</sup> Thursday	Glynis	07504 246410	
	Painting & Drawing	Baptist Church	Alternate Thursdays	Ron	01159234176	
	Peak District Walking	Various	1 <sup>st</sup> Thursday	John	07721 538057	
	Poetry Appreciation	Marlborough Court	2 <sup>nd</sup> Thursday	Joan	07881718784	

	<b>Thursday</b>					
<b>PM</b>						
	Book Group 3	Stratford Haven	2 <sup>nd</sup> Thursday	Fran	01158789790	
	Book Group AP	Member's home	1 <sup>st</sup> Thursday	Angela	01159986679	Full
	<b>Thursday</b>					
<b>PM</b>						
	Guitar (beginners)	Member's home	Alternate Thursday	David	07970059525	
2	Remarkable Women	Baptist Church	3 <sup>rd</sup> Thursday	Pat	01159146670	
2	Scrabble	Test Match	2 <sup>nd</sup> Thursday	Ian	01159813110	
	Ukelele Strumming For Fun	Baptist Church	2 <sup>nd</sup> and 3 <sup>rd</sup> Thursday	David	07771515810	
	Wine Appreciation	Member's home		Rod	011159232019	Full
7.30	Film Group	Zoom	4 <sup>th</sup> Thursday	Joe	07760458791	
	<b>Friday</b>					
<b>AM</b>						
10	Cycling	Various	2 <sup>nd</sup> and 4 <sup>th</sup> Friday	Pete	07828647221	
	Longer Walks	Various	1 <sup>st</sup> Friday	Rita	0115 8461516	
	Longer Walks	Various	3 <sup>rd</sup> Friday	Liz	0115 9231605	
10.15	Singing For Fun	Baptist Church	2 <sup>nd</sup> and 4 <sup>th</sup> Friday	Sue	07900886765	
	<b>Friday</b>					
<b>PM</b>						
2	Rummikub	Baptist Church	1 <sup>st</sup> and 3 <sup>rd</sup> Friday	Trish	0796 102 4931	
2	Science For Everyone	Baptist Church	Last Friday of month	Peter	07745995735	

<b>Saturday</b>					
Holiday Group		1 <sup>st</sup> Saturday	Penny	01159233384	
Traditional Games		Ad hoc	Janet/Paul	01159231352	

The information above may change. For up to date details about any group phone the contact name.



## Your West Bridgford u3a Committee

			
Joe Chair	Peter Vice Chair & Tech Support	Yvonne Secretary	Martin Treasurer
			
John Membership Secretary	Carole Refreshments and Social	Clare Tech Support & Beacon Administrator	Kathryn Vice Chair & Groups
		<b>?</b>	<b>?</b>
Rachel Committee Member	Paco Committee Member	Vacant Committee Member	Vacant Committee Member

Email contacts:

Joe	wbu3achair@gmail.com	Carole	wbu3aexec2@gmail.com
Peter	wbu3atech2@gmail.com	Clare	wbu3atech@gmail.com
Yvonne	wbu3asec@gmail.com	Kathryn	wbu3agroups1@gmail.com
Martin	wbu3atreasurer@gmail.com	Rachel	wbu3aexec4@gmail.com
John	wbu3amem@gmail.com	Paco	wbu3aexec1@gmail.com
General Enquiries	wbu3aenquiries@gmail.com	Voicemail: 0115 871 1810	
Highlights Editor	wbu3aeditor@gmail.com	Webmaster Editor	sue456bailey@gmail.com



6	2	9	3	4	5	7	8	1
1	5	8	7	2	6	4	3	9
3	7	4	8	9	1	5	2	6
5	8	6	4	7	9	3	1	2
4	3	7	1	6	2	9	5	8
9	1	2	5	3	8	6	7	4
8	6	5	9	1	3	2	4	7
2	4	3	6	8	7	1	9	5
7	9	1	2	5	4	8	6	3

