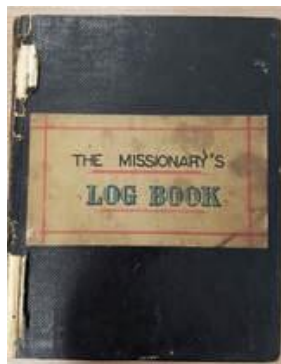


Please send your contributions to David: [wbu3aeditor@gmail.com](mailto:wbu3aeditor@gmail.com). The deadline for the next edition is 17<sup>th</sup> November.

Our website address is: [westbridgford.u3asite.uk](http://westbridgford.u3asite.uk) This address has links to all copies of Highlights, Notts Network Newsbites and the Third Age Trust updates as well as other relevant publications.

## Open Meeting October 23<sup>rd</sup> Mo Cooper – Hearing Deaf Voices



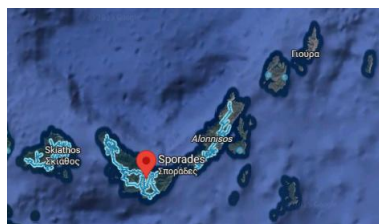
Who were the missionaries? Where was Nottingham's first Deaf school? Who were the first people to stop the trams in Nottingham? Learn about the history of the Deaf Community in Nottingham.

The Open Meeting is held at the West Bridgford Baptist Church on Melton Road. Doors open at 1.30pm for tea/coffee and group tables. The talk will start at 2.30pm.

## Just Joe



Hello again, everyone.



Last month we were away sailing with friends in the Sporades. It's a group of islands in the Greek Aegean that many UK people seem not to have heard of. The group includes Skiathos, Skopelos and Alonnisos. The name is related to *spores*, because they are strung out in a line.

I've found some new (to me) tech words cropping up recently. The first is *doxxing*. The word is derived from "dropping documents"; it is a form of cyber-bullying, in which personally identifiable information about an individual or organization is put on the internet without their consent, usually to embarrass or compromise them in some way.



The second word was *ghosting*. In days gone by, we used to write letters, send emails, leave voice messages. If we didn't get a reply, there was always a doubt about whether the message had been received in the first place. But now, with WhatsApp and other apps, we can see not only that the message has been received, but that it has been read. If we don't get a reply, we can get paranoid that the recipient simply doesn't want to talk to us. We are then being *ghosted*.

Joe Colls

October 2025





## Local History group

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It was disappointing that the History Trail had to be cancelled because of the rain but it will be reorganised in the Spring. Fortunately, good weather was not required for our visit to Nottingham University Archives, though the vagaries of Satnav nearly caused some of us to miss it!

The Archive is housed in the former Carlton Studios, a warren of passages in which it would be very easy to get lost. Firstly, we were given a talk - An Unheroic History of Robin Hood - which explored the many legends and claims associated with this iconic figure. Some of them dated from the 13/14 centuries but more flesh was put on the legend in the 18th century by Joseph Ritson, who collected all the material he could find, mainly contained in songs handed down through the ages - it seems we will never know if he was the bandit who robbed the rich to feed the poor, an aggrieved low-level member of the gentry with a beef with the church and robbed travelling churchmen or just a very good archer.

Examples of the Archive were set out for us to inspect - some old maps, estate accounts, photos and Ritson's books. The Archive is stored in a massive, cold room which has 5 miles of shelf space, which is now almost full. Anyone can visit, by appointment, and view any item they hold.

Averil



## Singing for fun

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### **Singing for Fun restarts a pre-Covid 'tradition'.**

Covid certainly knocked the stuffing out of lots of activities and its taken a while for many of us to get properly back to 'normal'. This September one of our singing dates coincided with the MacMillan Coffee fundraising date and in the past we always supported this charity with an informal event, raising much needed funds. Yes, I know, it is not quite 'proper' according to u3a processes and procedures, but hey-ho, you know me, I like to live on the edge.

This year, we had a splendid morning and raised over £230, whilst singing and munching our way through the various treats on offer. One of our members produced a challenging quiz (Smarties for the winning team) and we had a guess the name of the Robin Hood.



are

By a show of hands, at the start of the morning, it was ascertained that every single member of our group has been affected in some way by Cancer and that some of them recovering, going through treatment or under investigation, it touches us all.

A big thankyou to everyone who contributed

It's business as usual, with 'Greythorn', the u3a guitar group gracing us with their presence on November 14<sup>th</sup>. We love SWEET CAROLINE, all that arm swaying, we were dancing last time 'Greythorn' came - it was exhausting.

You are very welcome to join us on the 2nd and 4th Friday of EVERY month at 10:15.  
Sue, group leader since 2009

## A 'close to home' view of a scam attempt

I (as editor) recently received an email ostensibly from Joe Colls ..

West Bridgford u3a Committee Inbox x



**Joe Colls** <executivecommittee8022@gmail.com>  
to me ▾

Hi ,

Can you run a brief errand today?

Joe Colls

Well, of course I am at everybody's beck and call, but this didn't sound right and just look at that email address that is supposed to be Joe's...

**Joe Colls** <executivecommittee8022@gmail.com>

Well, that's not right, is it? Anyway, in the interests of an instructive article for Highlights I responded with a non-committal 'Perhaps'. I received the following message:



**Joe Colls**  
to me ▾

Thu 2 Oct, 15:51 (6 days ago)



Great!Here's what I want you to do for me because I'm a little busy right now. I've been focusing on incentives and my aim is to surprise some of our diligent staff Members with gift cards this week. To make it surprising, it's important to keep this confidential until everyone has the gift cards, and you can keep one for yourself. I want you to pick the gift cards for me and I will refund you once I'm done.

Can you get this done today?

Clearly nonsense for our organisation and the individuals supposedly involved. I didn't take it any further as it's a well-known scam where the next step would have been for 'Joe' to request the card numbers and pins so that the scammers can cash them in.

I let Joe know what was happening and he confirmed that other u3a committee members had received similar messages. It seems like the scammer had read 'Highlights' to note that Joe was the person in authority and then harvested all the email addresses for the scam attempt.

So, if something seems even slightly odd then question it and check with others as far as possible using different methods of communication. Similar attempts might try to put you under pressure to help a close relative or friend.

There is another gift-card related scam currently active as grandparents start to buy them for their grandchildren. Some cards have been tampered with and any money put on them will end up with the scammer. You should check that the PIN is not visible and that any barcoded card number is on the card itself, not on a sticker on the card. If possible but they from behind a manned counter. If in doubt, check with the vendor.

On another matter, has anybody used last month's article to extend the life of their Windows 10? If so, please let me know via the following link.

[Editor](#)

## Social Events

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**Sleeping Beauty Wednesday 10 December**  
matinee 2pm £26

Please contact me to reserve your ticket. The deadline for booking is 20th October  
(if you have already booked a place there is no need to contact me again)

Louise Carney 0115 9817589 [lcarneyhall@gmail.com](mailto:lcarneyhall@gmail.com)

## Tuesday painting & drawing group

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We have been busy this term painting figures in the style of Lowry, making paintings which include buttons and printing with leaves. Several of the group have volunteered to run sessions this term which has given us a great variety of topics. There are great paintings to come.

Janet





## Peak District Walking group \_\_\_\_\_



The U3A Peak District Walking Group organises walks on the first Thursday of each month. Members provide their own transport or share with others. An email sent out a week before each walk will provide detailed arrangements. Please dress for the weather and wear boots.

| <b>Programme:</b>   |                 |   |        |                  |
|---------------------|-----------------|---|--------|------------------|
| Date                | Walking from    | Walking through ...                             | Leader | Distance (miles) |
| 6 <sup>th</sup> Nov | Wyedale Cr Park | Wyedale, Flag Dale, Millers Dale & Monsal Trail | John   | 5.5              |
| 4 <sup>th</sup> Dec | Rowsley         | River Derwent & Chatsworth Park                 | Pete   | 5                |

## Bird Watching group \_\_\_\_\_



### NORFOLK BIRDWATCHING TRIP

Towards the end of September, 14 of us went on a 3-day birdwatching break to the North Norfolk coast based at Titchwell.

En route we stopped off at Sculthorpe Moor Nature Reserve near Fakenham which is run by the Hawk and Owl Trust. At Dragonfly hide, near the entrance to the reserve, the feeders had attracted many birds including around 20 greenfinches (a sight to behold after their recent decline), a pair of bullfinches and a wren who posed for us on a fence post. From there we zigzagged our way on the wooden boardwalks to the Wetland hide. Here we were surprised to have a prolonged view of a kingfisher who entertained us further by catching and eating a fish. A marsh harrier appeared briefly, and a water rail taunted us with its squeal but was not to be seen.

At Whitley hide, a bird table had been constructed just a few feet from one of the windows and we were fascinated by robins, great tits, blue tits and especially marsh tits coming and going at such close quarters and giving us a comparison of their sizes which is difficult to appreciate with binoculars. A treecreeper briefly took our attention as it scurried up a nearby trunk.

On the second day, just a stone's throw from our lovely hotel, where incidentally they fed us with all manner of deliciousness in large portions until we were fit to burst, we headed to RSPB Titchwell Marsh. This is a dream of a reserve with varied habitats that lead you to the beach and the open sea. We hurried to catch the falling tide and what a treat for some of us landlubbers to see a red-throated diver and common scoters. Bar-tailed godwits, ringed plover and knot were grubbing on the shoreline, and we were amused by the scampering sanderlings and toppling turnstones, all accompanied by the musical piping of many oystercatchers. A dramatic sky warned us of an approaching rain shower so we made for cover in the nearest hide.



After that the weather was gloriously sunny and remained so during the whole of our stay. From the hides we saw many birds, too numerous to mention but the particular highlights would be black-tailed godwit, ruff, spoonbill, avocet, dunlin and brent geese. Chinese water deer were paddling in the lagoons.

In the afternoon we visited Holkham, some of us strolled round the parkland to the lake adding little grebe, coot and cormorant to our list, and others headed to the bay. Two skeins of pink-footed geese flew overhead

and a couple of red kite were circling, radiant in the bright sky. The roar of a fallow deer stag filled the air as we departed.

For our last day we travelled to Morston Quay for a boat trip to see both grey and common seals at Blakeney Point and to look out for birds. Apart from a large flock of oystercatchers, great black-backed gulls, the odd redshank, and a little egret, the seals took centre stage, delighting us with their diving and playing. Others were laid out on the sand bank enjoying the sunshine.

All in all a very enjoyable break and a big thankyou to Lynne, Simon and Jim for organising it, chauffeuring us around and helping us to identify the birds.

Linda

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For visits with our expert there is a charge of £33 for a full day. For all visits we provide our own or share transport. For longer trips with our expert we expect passengers to pay the driver £5 to cover their motoring costs. For some sites there is also an entry charge. Please book in advance. Final details will be emailed a week before each visit. If the weather forecast is bad, trips will be cancelled 48 hours in advance and any money refunded.

For half-day local trips, we will meet at the location at 9:30am, on the longer day trips we will meet at 9:45am at the location. On day trips we will leave the site by 4pm.

| Date                          | Location  | Leader                              | Charge    |
|-------------------------------|---|-------------------------------------|-----------|
| Monday 27 <sup>th</sup> Oct   | <b>Cossington Meadows</b><br>Full Day Meet 9:45 | With Professional Expert and Jim    | £33       |
| Monday 10 <sup>th</sup> Nov   | <b>Middleton Lakes</b><br>Full Day Meet 9:45    | With Professional Expert and Simon  | £33       |
| Monday 24 <sup>th</sup> Nov   | <b>Netherfield</b><br>AM Meet 9:30              | Led by members of the Group (Lynne) | No Charge |
| Monday 8 <sup>th</sup> Dec    | <b>Colwick + Xmas lunch</b><br>AM Meet 9:30     | With Professional Expert and Simon  | £17       |
| Monday 5 <sup>th</sup> Jan    | <b>Skylarks</b><br>AM Meet 9:30                 | Led by members of the Group (Simon) | No Charge |
| Monday 19 <sup>th</sup> Jan   | <b>Rutland – Egleton</b><br>Full Day Meet 9:45  | Led by members of the Group (Lynne) | No Charge |
| Monday 9 <sup>th</sup> Feb    | <b>Attenborough</b><br>AM Meet 9:30             | Led by members of the Group (Jim)   | No Charge |
| Monday 23 <sup>rd</sup> Feb   | <b>Blacktoft Sands</b><br>Full Day Meet 9:45    | Led by members of the Group (Lynne) | No Charge |
| Monday 9 <sup>th</sup> March  | <b>Whisby</b><br>AM Meet 9:30                   | Led by members of the Group (Jim)   | No Charge |
| Monday 23 <sup>rd</sup> March | <b>Frampton Marsh</b><br>Full Day Meet 9:45     | Led by members of the Group (Simon) | No Charge |

**For more information contact: Lynne Tidmarsh 07811 707868, Jim Connell 07891 718692 or Simon Young 07779 24753**

## Orienteering Walking \_\_\_\_\_



### Autum Walk Dates and Locations:

Tuesday 21st October - **Belvoir Vale Villages - SPY Trail - Car Travel between 6 Villages & Lunch Location** - Lunch @ Wildflower Farm, Langar

Tuesday 25th November - **Castle Hill Country Park, Leics** - Lunch @ Jades Tea Rooms, Newton Linford

#### Notes:

1. The September & November Walk Meet Times will be 1015 for a 1030 walk start. Due to the proximity to West Bridgford to the Meet Location - Nether Broughton - the October Walk Meet Time will be 945 for a 1000 start.
2. New members, irrespective of prior orienteering experience, are welcome to join the group.
3. Walk location & details are subject to change, potentially at short notice if weather related.
4. All walks are Permanent Orienteering Courses ("POC's) unless stated or implied otherwise.
5. "VOC's" are Smart Phone APP based (Virtual) Orienteering Courses
6. For more information &/or to join the group's email distribution list, contact **John** on **07721 538057** or email **jpicklesclifton@aol.com**

## 2025 Speakers and Subjects \_\_\_\_\_



| Month    | Date        | Speaker and title of talk  |
|----------|-------------|--|
| October  | 23 October  | Gareth Howell - Medieval Medicine: superstition and science<br>Mo Cooper - Hearing Deaf Voices |
| November | 27 November | The Workhouse Storytellers - Tales of Southwell Workhouse                                      |
| December | 18 December | Andy Sharp - The History of Nottingham Theatre   |

Please check the [website](#) as the above information may occasionally have to change due to unforeseen circumstances.

# Cycling group



| Ride Programme: July to December 2025 |   |       |                    |              |                             |
|---------------------------------------|---|-------|--------------------|--------------|-----------------------------|
| Date (Fridays)                        | Ride  | Miles | Leader             | Phone        | Start Point                 |
| 24 <sup>th</sup> Oct                  | Southwell to Sherwood Pines                     | 27    | Graham & Christine | 07803 123339 | Southwell                   |
| 14 <sup>th</sup> Nov                  | Erewash Valley & Bennerley Viaduct              | 18    | Hugh & Di          | 07880 962135 | To be confirmed             |
| 28 <sup>th</sup> Nov                  | Gunthorpe via Colwick Park                      | 17    | Pete               | 07828 647221 | Welbeck Road West Bridgford |
| 12 <sup>th</sup> Dec                  | Clifton Grove to Rushcliffe CP & Christmas meal | 14    | Pete               | 07828 647221 | Welbeck Road West Bridgford |

All rides start at 10.00am

The Group continue to cycle on the second and fourth Friday each month. More details on all rides, including where to meet, will be emailed before each ride. Please let the Ride Leader know in advance that you will be coming and bring your Membership Card and Personal Medical Form. **Pete Elderton 07828 647221 Graham Wood 07803 123339**

## Groups timetable

recent updates are highlighted

|            | Day                     | Venue | When  | Leader                    | Phone                                     | Status    |
|------------|-------------------------|-------|---|---------------------------|---|-----------|
| <b>AM</b>  | <b>Monday</b>           |       |   |                           |   |           |
|            | Bird Watching           | V     | 1 <sup>st</sup> /3 <sup>rd</sup> Mon                        | Lynne<br>Jim<br>Simon     | 07811707868<br>07891718692<br>07779247532 |           |
| Circa 8.45 | Orienteering Walking    | V     | 3 <sup>rd</sup> Mon or 3 <sup>rd</sup> /4 <sup>th</sup> Tue | John                      | 07721538057                               |           |
| 10.00      | Zumba                   | BC    | Weekly  | Clare wbu3atech@gmail.com |   |           |
| <b>PM</b>  | <b>Monday</b>           |       |   |                           |   |           |
| 2.00       | Art Appreciation        | BC    | 1 <sup>st</sup> Mon   | Carol                     | 07419317738                               |           |
| 2.00       | Card Games              | MH    | 2 <sup>nd</sup> Mon   | Janet/Paul                | 01159231352                               |           |
| 2.00       | Discussion Group        | MH    | 2 <sup>nd</sup> Mon   | Gary                      | 07803504006                               |           |
| 2.00       | Finding Out About Music | LH    | 1 <sup>st</sup> Mon   | Diana                     | 07736943339                               |           |
| 2.00       | History                 | BC    | 4 <sup>th</sup> Mon   | Carol                     | 07419317738                               |           |
| 2.00       | Wine Appreciation       | MH    | 1 <sup>st</sup> Mon   | Rod                       | 01159232019                               |           |
|            | Spanish Conversation    | MH/Z  | Every Mon   | Ewa                       | 07740347756                               | Wait list |
| <b>AM</b>  | <b>Tuesday</b>          |       |   |                           |   |           |
| 10.00      | Greeting Cards          | BC    | 2 <sup>nd</sup> Tue   | Joan                      | 01159818477                               |           |
| 10.00      | Painting and Drawing    | BC    | Alt weeks   | Pam                       | 01156489365                               |           |
| 10.00      | Yoga Type Exercise      | MCH   | Weekly  | Julie                     | 07729360083                               | Wait list |

|              |                          |             |                                       |                |                            |                  |
|--------------|--------------------------|-------------|---------------------------------------|----------------|----------------------------|------------------|
| <b>11.30</b> | <b>Tai Chi Beginners</b> | <b>JCP</b>  | <b>Weekly</b>                         | <b>Chris</b>   |                            | <b>Wait list</b> |
| <b>PM</b>    | <b>Tuesday</b>           |             |                                       |                |                            |                  |
| 12.30        | Tai Chi Improvers        | JCP         | Weekly                                | Lynne          | 07811707868                |                  |
| 2.00         | Knit and Natter          | ST          | 1 <sup>st</sup> & 3 <sup>rd</sup> Tue | Christina      | Via website                |                  |
| 2.00         | Photography              | BC          | 1 <sup>st</sup> Tue                   | Paco           | 01159233109                | <b>Wait list</b> |
| 2.00         | Quiz                     | TM          | 4 <sup>th</sup> Tue                   | <b>Brendan</b> | <b>07920 161188</b>        |                  |
| 2.00         | Beginners Bridge         | BC          | Weekly (almost)                       | Ron            | 01159234176                |                  |
| 2.30         | Cryptic Crosswords       | TM          | 1 <sup>st</sup> & 3 <sup>rd</sup> Tue | Stephen        | 01159140255                |                  |
| <b>Eve</b>   | <b>Silent Films</b>      | <b>MH</b>   | <b>1<sup>st</sup> Tue</b>             | <b>Ed</b>      | <b>07890009443</b>         |                  |
| <b>Eve</b>   | <b>Film Noir</b>         | <b>MH</b>   | <b>3<sup>rd</sup> Tue</b>             | <b>Ed</b>      | <b>07890009443</b>         |                  |
| <b>AM</b>    | <b>Wednesday</b>         |             |                                       |                |                            |                  |
| 10.30        | Short Walks              | V           | 2 <sup>nd</sup> & 4 <sup>th</sup> Wed | Christine      | 07434614890                |                  |
| <b>PM</b>    | <b>Wednesday</b>         |             |                                       |                |                            |                  |
|              | Book Group 1             | MH          | 3 <sup>rd</sup> Wed                   | Liz            | 01159145642                | <b>Wait list</b> |
|              | French conversation      | Z           | Alt weeks                             | Anne           | 07974706281                |                  |
|              | Local History            | V           |                                       | Yvonne         | 07746668469                |                  |
|              | Lunch Club               | V           | Alt Wed                               |                |                            | <b>Wait list</b> |
| 1.00         | Murder Most Foul         | P&P         | 4 <sup>th</sup> Wed                   | Laraine        | 01159235361                | <b>Wait list</b> |
| 2.00         | Table Tennis             | BC          | 2 <sup>nd</sup> & 4 <sup>th</sup> Wed | Glenys         | 01158370932                | <b>Wait list</b> |
| 2.30         | Badminton                | RA          | Wed                                   | Chris<br>Phil  | 07941509357<br>07505513556 | <b>Wait list</b> |
| <b>AM</b>    | <b>Thursday</b>          |             |                                       |                |                            |                  |
|              | Guitar Group 1           | MH          | Alt Thu                               | David          | 07990654643                |                  |
|              | Hiking                   | V           | 3 <sup>rd</sup> Thu                   | Kevin          | 07981516719                |                  |
|              | Peak District Walking    | V           | 1 <sup>st</sup> Thu                   | Pete<br>John   | 07828647221<br>07721538057 |                  |
| 10.00        | Family History           | TBCH        | 1 <sup>st</sup> Thu                   | Julie          | 07729360083                |                  |
| 10.00        | Mah Jong                 | MC          | 1 <sup>st</sup> & 3 <sup>rd</sup> Thu | Glynis         | 07504246410                |                  |
| 10.00        | Painting & Drawing       | BC          | Alt Thu                               | Ron            | 01159234176                |                  |
| 10.00        | Poetry                   | MC          | 2 <sup>nd</sup> Thu                   | Joan           | 07881718784                |                  |
| 11.00        | Guitar Fun Strummers     | <b>APCC</b> | Alt Thu                               | Gordon         | 07796934365                |                  |
| <b>PM</b>    | <b>Thursday</b>          |             |                                       |                |                            |                  |
|              | Book Group 3             | SH          | 2 <sup>nd</sup> Thu                   | Fran           | 01158789790                |                  |
|              | Book Group 4             | Z           | 1 <sup>st</sup> Thu                   | Sue Jolley     | 0115 8465037               |                  |
|              | Guitar (beginners)       | MH          | Alt Thu                               | David          | 07970059525                |                  |
| 2.00         | Remarkable Women         | BC          | 3 <sup>rd</sup> Thu                   | Pat            | 01159146670                |                  |
| 2.00         | Scrabble                 | TM          | 2 <sup>nd</sup> & 4 <sup>th</sup> Thu | June           |                            |                  |
| 2:00         | Ukelele                  | BC          | 2 <sup>nd</sup> & 3 <sup>rd</sup> Thu | David          | 07771515810                |                  |
| <b>AM</b>    | <b>Friday</b>            |             |                                       |                |                            |                  |
|              | Longer walks (5-6 miles) | V           | 1 <sup>st</sup> Fri                   | Keith          | 07778783217                |                  |







|           |                          |    |                                       |           |             |  |
|-----------|--------------------------|----|---------------------------------------|-----------|-------------|--|
|           | Longer walks (5-6 miles) | V  | 3 <sup>rd</sup> Fri                   | Liz       | 01159231605 |  |
| 10.00     | Cycling                  | V  | 2 <sup>nd</sup> & 4 <sup>th</sup> Fri | Pete      | 07828647221 |  |
| 10.15     | Singing For Fun          | BC | 2 <sup>nd</sup> & 4 <sup>th</sup> Fri | Sue       | 07900886765 |  |
| <b>PM</b> | <b>Friday</b>            |    |                                       |           |             |  |
| 2.00      | Rummikub                 | BC | 1 <sup>st</sup> & 3 <sup>rd</sup> Fri | Trish     | 07961024931 |  |
| 2.00      | Science for Everyone     | BC | Last Fri                              | Peter     | 07745995735 |  |
| 2.00      | Gardening group          | BC | 2 <sup>nd</sup> Fri                   | Surrinder | Via website |  |
|           | <b>Saturday</b>          |    |                                       |           |             |  |
|           | Holiday Group            |    | 1 <sup>st</sup> Sat                   | Penny     | 01159233384 |  |

The information above may change; you may also check the [Groups page on our website](#). For up-to-date details about any group please phone or email the named contact.

Key to venues:

|  |                            |                                   |                                      |
|--|----------------------------|-----------------------------------|--------------------------------------|
| <b>APCC</b> -Abbey Park Community Centre | <b>BC</b> – Baptist Church | <b>JCP</b> – Julian Cahn Pavilion | <b>MCH</b> - WB Methodist Church     |
| <b>MC</b> – Marlborough Court            | <b>LH</b> – Leader’s home  | <b>MH</b> – Member’s home         | <b>P&amp;P</b> – Poppy and Pint      |
| <b>RA</b> – Rushcliffe Arena             | <b>SH</b> – Scout Hut      | <b>ST</b> - Stratford Haven       | <b>TBCH</b> – Trent Bridge Care Home |
| <b>TM</b> – Test Match                   | <b>V</b> – Various         | <b>Z</b> – Zoom                   |                                      |

## Your West Bridgford u3a Committee

|  |  |  |  |
|--|--|--|--|
|   |   |   |   |
| Joe<br>Chair   | Peter<br>Vice Chair & Tech<br>Support  | Kathryn<br>Vice Chair & Groups<br>Co-ordinator                                     | Yvonne<br>Secretary  |
|   |   |   |   |
| Martin<br>Treasurer  | John<br>Membership Secretary   | Carole<br>Refreshments and<br>Social   | Rachel<br>Welcome Team   |
|  |  |  |  |
| Louise<br>Social Events  | Brendan<br>Committee Member  | Paco<br>Committee Member   | Trish<br>Committee Member  |

### Email contacts:

|                                     |  |  |  |
|-------------------------------------|--|--|--|
| Joe                                 | <a href="mailto:wbu3achair@gmail.com">wbu3achair@gmail.com</a>         | Carole   | <a href="mailto:wbu3aexec2@gmail.com">wbu3aexec2@gmail.com</a> |
| Peter                               | <a href="mailto:wbu3atech2@gmail.com">wbu3atech2@gmail.com</a>         | Rachel   | <a href="mailto:wbu3aexec4@gmail.com">wbu3aexec4@gmail.com</a> |
| Kathryn                             | <a href="mailto:wbu3agroups1@gmail.com">wbu3agroups1@gmail.com</a>     | Louise   | <a href="mailto:wbu3aexec3@gmail.com">wbu3aexec3@gmail.com</a> |
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