

A Practical Note for Walkers

Inspired by a wish to encourage activity during the Covid restrictions – and giving me something to occupy my time – I devised and described walk routes in and around West Bridgford.

There are now 20 walks, the most recent one using the new Waterside Bridge over the River Trent – opening on 2nd June 2026.

All the walk routes start and finish on Musters Road (near the junction with Eton Road) but they can be joined and left at any point to suit where you live.

Some of the walk descriptions reflect the period when they were written and the quieter streets experienced during the Covid restrictions. However, the routes themselves have not changed and I have continued to enjoy walking them and hope others have too.

It has always been my intention to make my walks more than just a map with brief instructions such as 'turn left at...', 'follow the path to...', etc. However, the walk descriptions have tended to get longer, with more history and other detail. This has led to a comment that, although the descriptions are great to read at home, they are not very practical as a guide when walking – not easy to look at on a mobile phone and too much paper if printed whole.

Consequently, from Walk 13, I have moved some of the more detailed information and history of a location to the end of the description. I have also considered how to minimise the volume of paper if walkers want to take the main description with them.

No doubt many of you will have sussed this out but if not, my suggestion is:

1. Read the descriptions at home on a larger screen than your phone;
2. Print the map pages in colour as a walking guide;
3. Set your printer to 'grayscale' (black & white) and 'Booklet' (or 'Book fold') and print the whole document, fold & staple for an A5 size booklet that you can put in your bag or pocket for reference on the walk.

There are some of you, I am sure, who only read the walks rather than use them as a guide for exercise. I hope you enjoy the read.....and I would just note that Mark Twain once said that he got all the exercise he needed acting as a pallbearer at the funerals of his friends who exercised regularly!

Please do share the walks with friends and family and if you have any suggestions/comments on the walks, I would be pleased if you let me know.

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